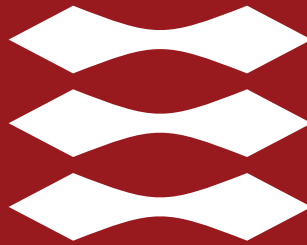


# DTU



## Abstract

The rating scheme for indoor environmental quality (IEQ) will be presented. It is called TAIL. It creates the framework for rating IEQ and its components: thermal acoustic and luminous environments and indoor air quality. TAIL is an integrated rating first developed for buildings undergoing deep energy renovation. It can now be used for any building, including offices, schools, and hotels. TAIL complements the existing approaches for assessing IEQ and complies with the major certification schemes. All components of the TAIL are treated equally - to achieve a high-quality level, all components of the TAIL must be at a high level, and no compromises are accepted. TAIL is based on measurements of ten parameters, observation of one, and simulations of one; 14 parameters are monitored for schools. TAIL has been used in measuring campaigns and has been shown to be an effective tool for demonstrating indoor environment quality. Because TAIL is a performance metric used in buildings under operation, a tool was developed called predictable, allowing the estimation of IEQ at the design stage. It uses similar principles as TAIL but cannot be used to rate IEQ in the building that is in use. So, it gives an indication of how the design decisions may affect the level of IEQ. Attempts were recently made to supplement the objective measurements with subjective evaluations made by the building occupants to achieve a holistic view of IEQ in a building. The results of these attempts will be presented as well.



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# The TAIL rating schemes for offices and schools are the way to reduce carbon emissions and improve IEQ

1-2 April 2025, Workshop, Stuttgart, "Indoor Environmental Quality in Sustainable Buildings"

Wargocki, P. The TAIL rating schemes for offices and schools are the way to reduce carbon emissions and improve IEQ

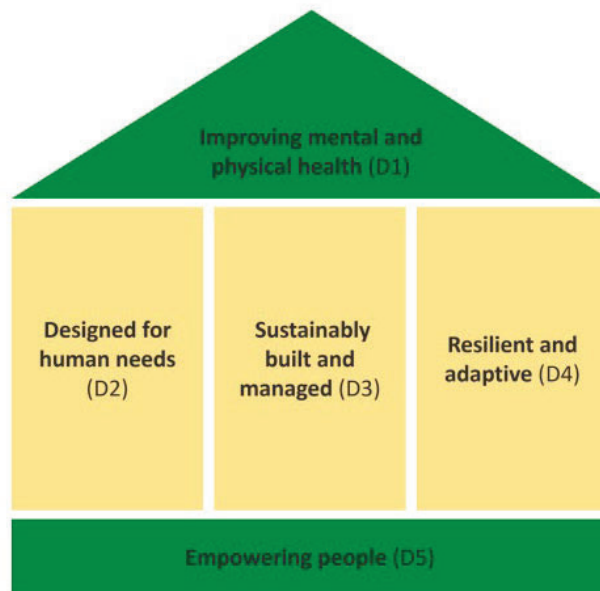


## PROLOGUE

1-2 April 2025, Workshop, Stuttgart, "Indoor Environmental Quality in Sustainable Buildings"

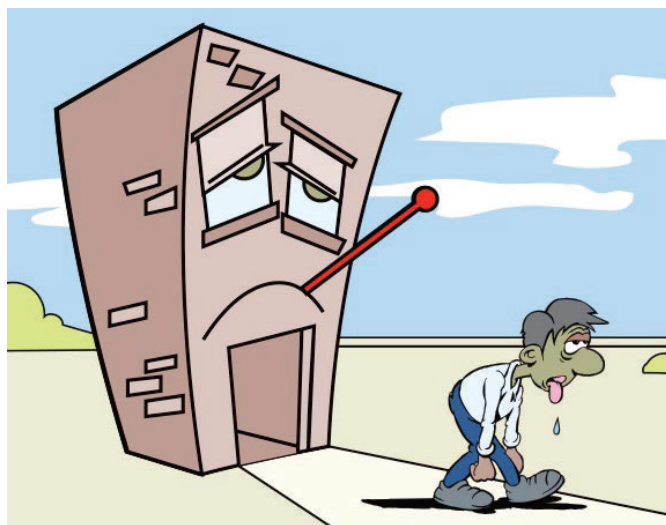
Wargocki, P. The TAIL rating schemes for offices and schools are the way to reduce carbon emissions and improve IEQ

## The five-dimensions of future healthy buildings



Source: Elnagar et al. (2024)

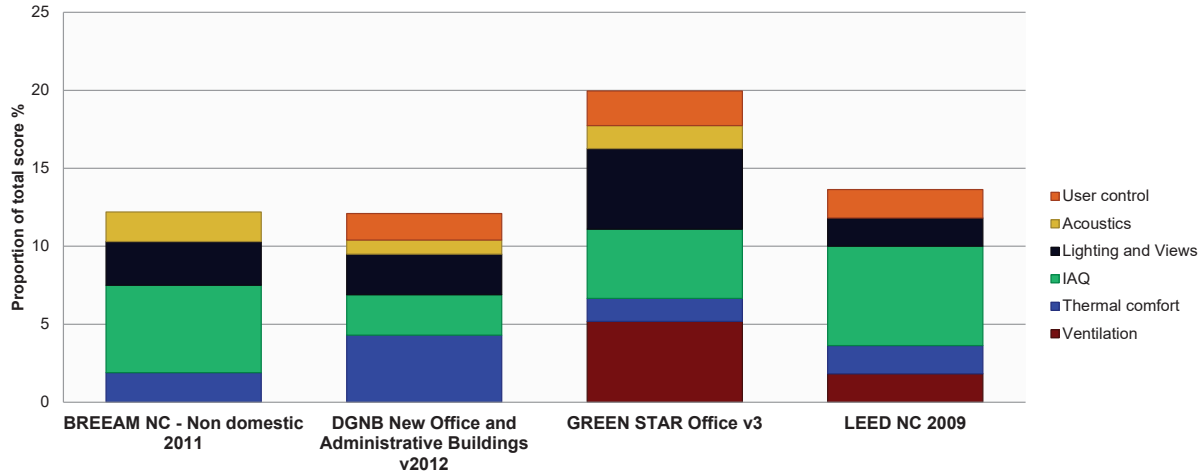
## Q1: How can we document whether the building is healthy or sick?



Source: thegoldenhammer.net

## IEQ certification in green buildings

IEQ checklist comparison for certified offices (%)

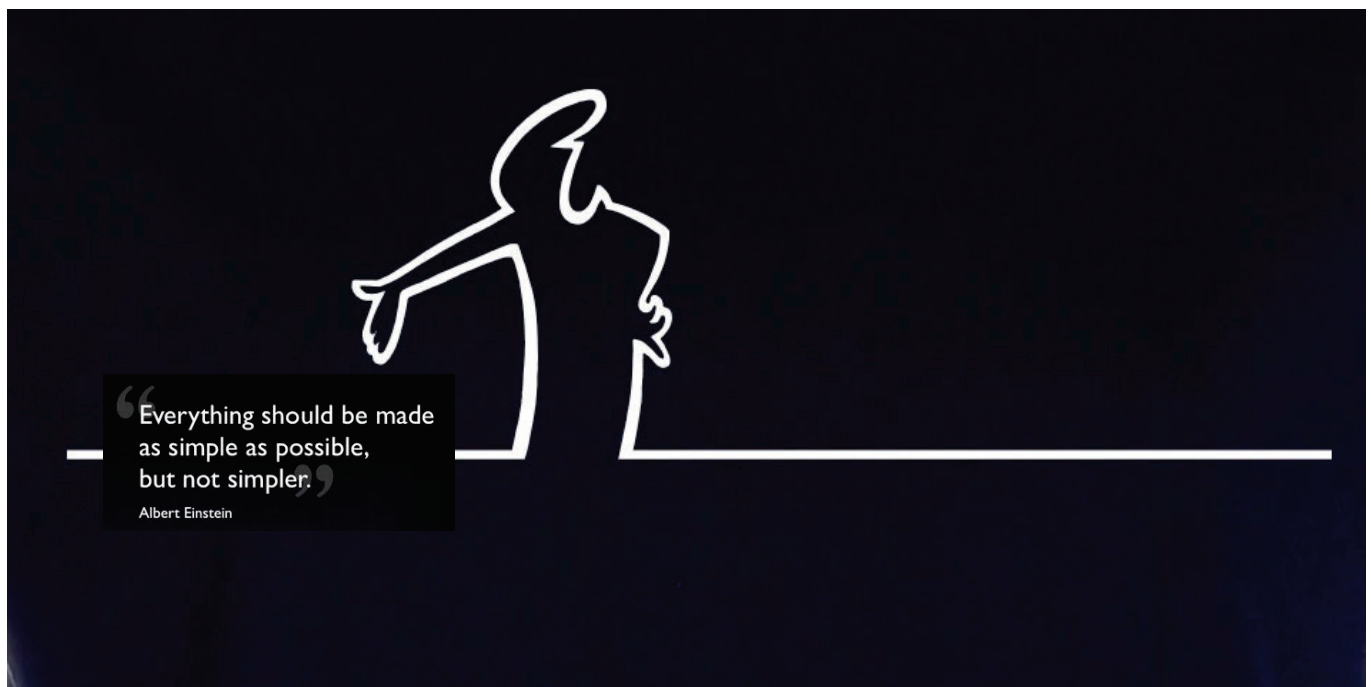


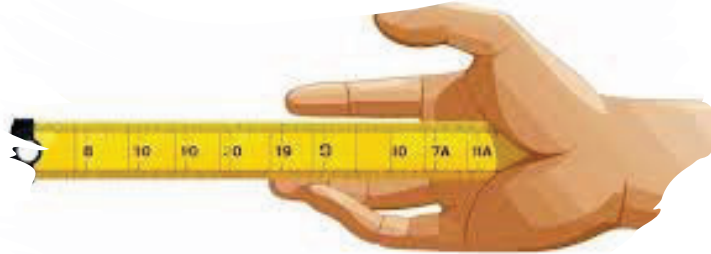
\*In DGNB ventilation is incorporated in IAQ  
 \*BREEAM has user control incorporated in different criterias

## Q2: How can we document whether the green building has high IEQ?



# A1-2: We cannot! We live in a world full of labels, markers, and indicators. No agreed method for IEQ rating





# A METRIC FOR IEQ IS NEEDED



## Why? (1)

### Article 13 Technical building systems

4. Member States shall set requirements for the implementation of in order to maintain a healthy indoor climate. adequate indoor environmental quality standards in buildings

5. Member States shall require non-residential zero-emission buildings to be equipped with measuring and control devices for the monitoring and regulation of indoor air quality. In existing non-residential buildings, the installation of such devices shall be required, where technically and economically feasible, when a building undergoes a major renovation. Member States may require the installation of such devices in residential buildings.

# Monitoring and documentation of IEQ is of an essence

## Why? (2)

- Useful data for all building stakeholders and additional incentives for improvement of IEQ
- Create benchmark, reference, building data-base
- Monitor performance – compliance and maintenance
- Input to sustainable investments, and technological advancements
- Input to control and AI
- Input to energy simulation and reduce performance gap
- Input to economic calculations
- Demonstrate invisible - occupants feel secure (no risks)
- Raising awareness



## Interactive poll

Name which of the following pollutants are in your room now at potentially toxic levels:

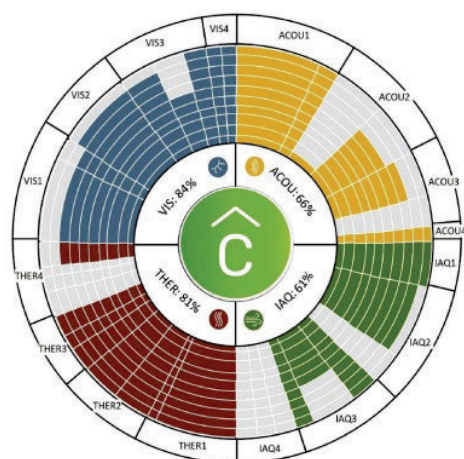
- PM2.5
- Formaldehyde
- SARS-CoV-2
- NO<sub>2</sub>
- Radon
- Ozone
- Excessive odors
- I do not know

## Why? (3)

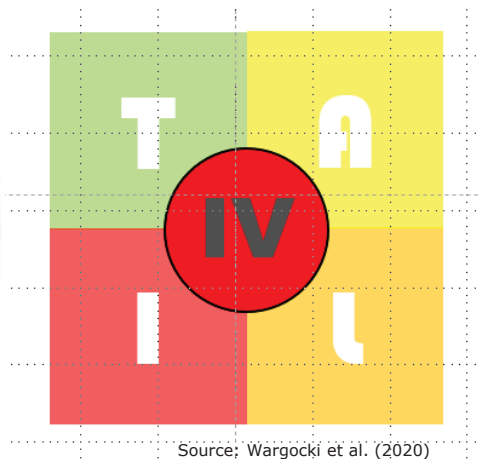




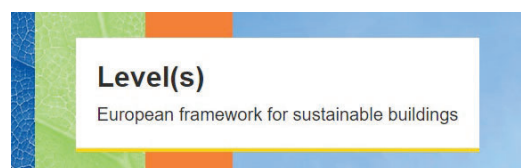
# Examples of rating schemes but not in general use



**IEQ-Compass**  
(asset rating)



**TAIL**  
(performance rating)



**A common language for  
assessing and reporting on the  
sustainability performance of  
buildings**

Source: European Commission

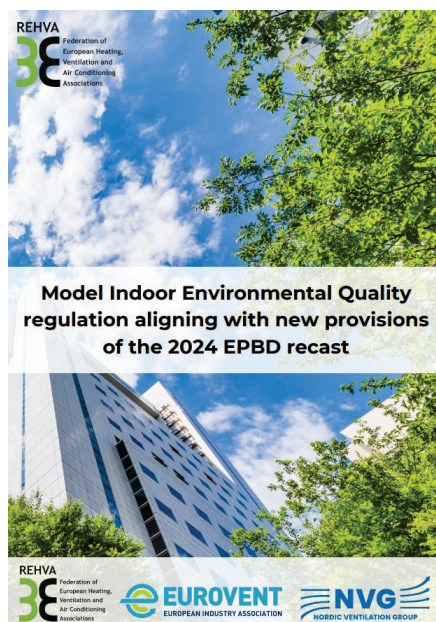


Table 5. An example of most important IEQ parameters. Minimum requirements specify design targets which compliance can be assessed with commissioning procedures. IEQ and energy performance can be assessed with continuous monitoring and inspection.

	Design	Commissioning	Monitoring <sup>a)</sup>	Inspection	Comment
Thermal					
Operative temperature	x				At representative points in the occupied zone to ensure occupant comfort
Air velocity	x				At representative points in the occupied zone to ensure design and control of HVAC system for occupant comfort
Air temperature			x		At 1.1 m above the floor in occupied zones
Relative humidity			x		At 1.1 m above the floor in occupied zones
Acoustic					
Sound pressure (A- and C-weighted)	x	x			Equivalent continuous sound pressure level (A- and C-weighted) at representative points in the occupied zone
Sound reverberation time	x	x			Evaluation of noise at the design stage is found in EN 12354-5. Sound insulation parameters are not included in this document
Indoor air quality					
Carbon dioxide	x		x		At 1.1 m above the floor in occupied zones, in the extract air
PM2.5	x <sup>b)</sup>		x <sup>b)</sup>		At 1.1 m above the floor in occupied zones
Formaldehyde				x	Near potential sources such as furniture and flooring
Nitrogen dioxide				x	Near potential sources like kitchens and garages
Carbon monoxide				x	Alarm sensors in buildings with combustion sources
Radon	x			x	In the lowest occupied level of the building
Ventilation rate	x	x		x	Outdoor airflow rate supplied and extracted from rooms, typically measured from supply and extract terminals
Light					
Daylight provision	x				Daylight can be evaluated in accordance with EN 17037
Glare probability	x				At workstations and near windows (EN 17037)
Illuminance	x	x			The quality of lighting can be evaluated in accordance with EN 12464-1

<sup>a)</sup> In addition to indoor values, monitoring of outdoor values for air temperature, humidity, CO<sub>2</sub> and PM2.5 is needed. The importance for IAQ is the difference of indoor-outdoor CO<sub>2</sub> and PM2.5.

<sup>b)</sup> For non-residential buildings filters are specified in EN 16798-3.

<sup>c)</sup> PM2.5 continuous monitoring is not needed if particulate matter is controlled with filters in ventilation system, and there is no significant infiltration through building envelope.

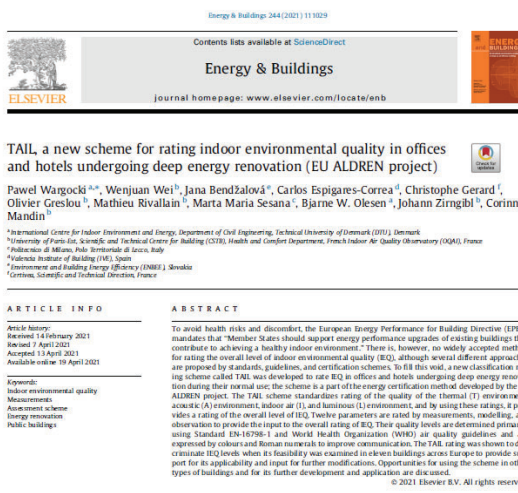
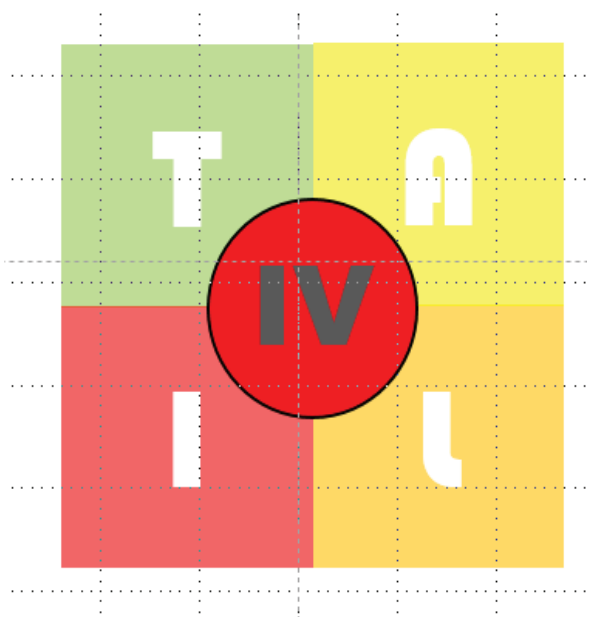


# THE TAIL RATING SCHEME

1-2 April 2025, Workshop, Stuttgart, "Indoor Environmental Quality in Sustainable Buildings"

Wargocki, P. The TAIL rating schemes for offices and schools are the way to reduce carbon emissions and improve IEQ

## The TAIL rating scheme



1-2 April 2025, Workshop, Stuttgart, "Indoor Environmental Quality in Sustainable Buildings"

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## Selected 12 IEQ parameters

	IEQ parameter	Measured	Modelled	Visual inspection
<b>T</b>	Indoor temperature (°C)	x		
<b>A</b>	Noise level (dB(A))	x		
<b>I</b>	CO <sub>2</sub> (ppm)	x		
	Ventilation rate (L/s)	x		
	Formaldehyde (µg/m <sup>3</sup> )	x		
	Benzene (µg/m <sup>3</sup> )	x		
	PM <sub>2.5</sub> (µg/m <sup>3</sup> )	x		
	Radon (Bq/m <sup>3</sup> )	x		
	Indoor air relative humidity (%)	x		
	Visible mold (cm <sup>2</sup> )			x
<b>L</b>	Daylight factor (%)		x	
	Illuminance (lux)	x		

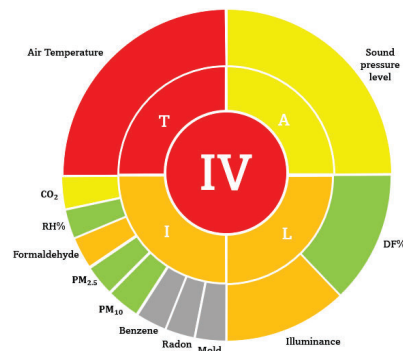
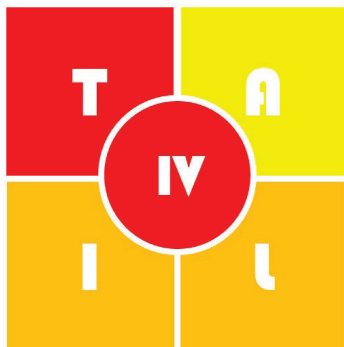
## Ranges of parameters included in TAIL: IAQ

Quality of indoor air quality (I)	Green	Yellow	Orange	Red
Carbon dioxide (concentration above outdoors) <sup>1,2</sup>	≤550 ppm	≤800 ppm	≤1350 ppm	If other quality levels cannot be achieved
Ventilation rate <sup>3,7</sup>	≥(10 L/s/p + 2.0 L/s/m <sup>2</sup> floor)	≥(7 L/s/p + 1.4 L/s/m <sup>2</sup> floor) and <(10 L/s/p + 2.0 L/s/m <sup>2</sup> floor)	≥(4 L/s/p + 0.8 L/s/m <sup>2</sup> floor) and <(7 L/s/p + 1.4 L/s/m <sup>2</sup> floor)	If other quality levels cannot be achieved
Relative humidity offices <sup>2,4</sup> hotel rooms <sup>2,4,5</sup>	≥30% <50% ≥30% and ≤50%	≥25% ≤60% ≥25% and ≤60%	≥20% ≤70% ≥20% and ≤60%	If other quality levels cannot be achieved
Visible mold <sup>6,7</sup>	No visible mould	Minor moisture damage, minor areas with visible mould (<400 cm <sup>2</sup> )	Damaged interior structural component, larger areas with visible mould (<2500 cm <sup>2</sup> )	Large areas with visible mould (≥2500 cm <sup>2</sup> )
Benzene <sup>7</sup>	<2 µg/m <sup>3</sup>	≥2 µg/m <sup>3</sup>	no criteria	≥5 µg/m <sup>3</sup>
Formaldehyde <sup>7</sup>	<30 µg/m <sup>3</sup>	≥30 µg/m <sup>3</sup>	no criteria	≥100 µg/m <sup>3</sup>
Particles PM <sub>2.5</sub> (gravimetric) <sup>7</sup>	<10 µg/m <sup>3</sup>	≥10 µg/m <sup>3</sup>	no criteria	≥25 µg/m <sup>3</sup>
Particles PM <sub>2.5</sub> (optical) <sup>7</sup>	<10 µg/m <sup>3</sup>	≥10 µg/m <sup>3</sup>	no criteria	≥25 µg/m <sup>3</sup>
Radon <sup>7,8</sup>	<100 Bq/m <sup>3</sup>	≥100 Bq/m <sup>3</sup>	no criteria	≥300 Bq/m <sup>3</sup>

# Measuring protocol

- TAIL is determined based on measurements during the heating and cooling seasons or during the same season before and after renovation.
- TAIL is determined for the working hours in offices and sleeping hours in hotels.
- 2 – 10 rooms per building are selected to be representative of different orientations, floors, and room types.
- Measurements should last 2 months for radon in radon-prone areas, 1 month for temperature and relative humidity, and 1 week for the other parameters.
- Interim rating is calculated for each parameter if it is measured in several rooms in a building.
- The final ratings of T, A, I, and L are determined according to the worst quality level among the parameters.
- The final rating of the overall IEQ is determined according to the worst quality level among T, A, I, and L.

# TAIL, feasibility studies



# CHALLENGES

## Component aggregation

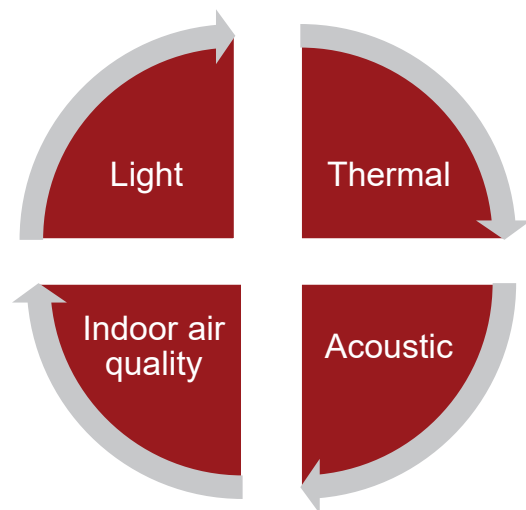
- Generally assumed: equal weighting



- No compromises or trading between parameters, no averaging or weighing. All components should be treated equally



- A new approach under development (% from maximum)



# No TAIL meter

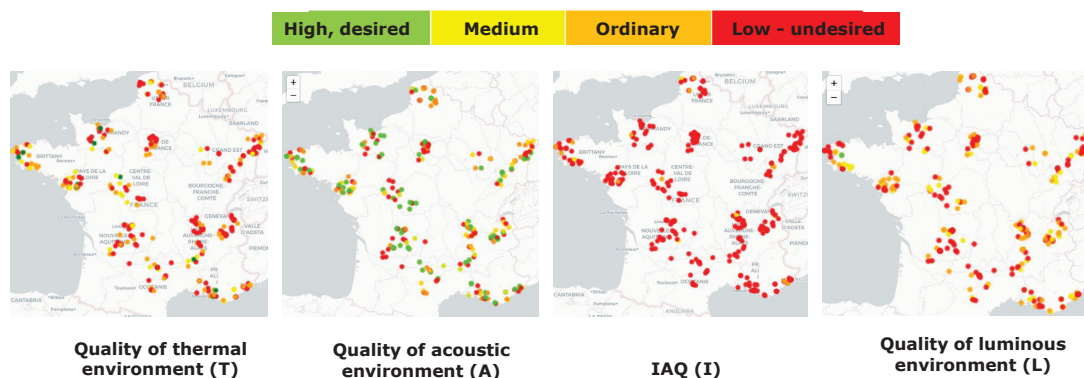


# EXTENSIONS

# TAIL for schools

	IEQ parameter	Measured	Modelled	Visual inspection
<b>T</b>	Indoor temperature (°C)	✗		
<b>A</b>	Noise level (dB(A))	✗		
	Reverberation time (s)	✗		
<b>I</b>	CO <sub>2</sub> (ppm)	✗		
	Ventilation rate (L/s)	✗		
	Formaldehyde (µg/m <sup>3</sup> )	✗		
	Benzene (µg/m <sup>3</sup> )	✗		
	PM <sub>2.5</sub> (µg/m <sup>3</sup> )	✗		
	Radon (Bq/m <sup>3</sup> )	✗		
	Indoor air relative humidity (%)	✗		
	Visible mold (cm <sup>2</sup> )			✗
	Nitrogen dioxide (µg/m <sup>3</sup> )	✗		
<b>L</b>	Daylight factor (%)		✗	
	Illuminance (lux)	✗		

## Illustrate invisible, TAIL for 308 schools in France, example





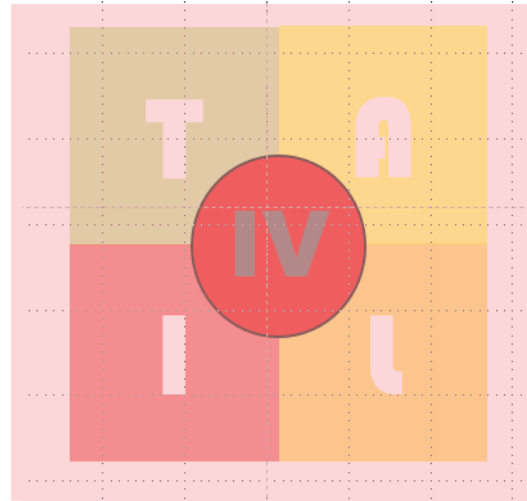
# PREDICTAIL, the method for rating simulated IEQ

Four components:

- **T**hermal environment
- **A**coustic environment
- **I**ndoor air quality
- **L**ight – Luminous (visual) environment

Overall IEQ:

- I II III IV



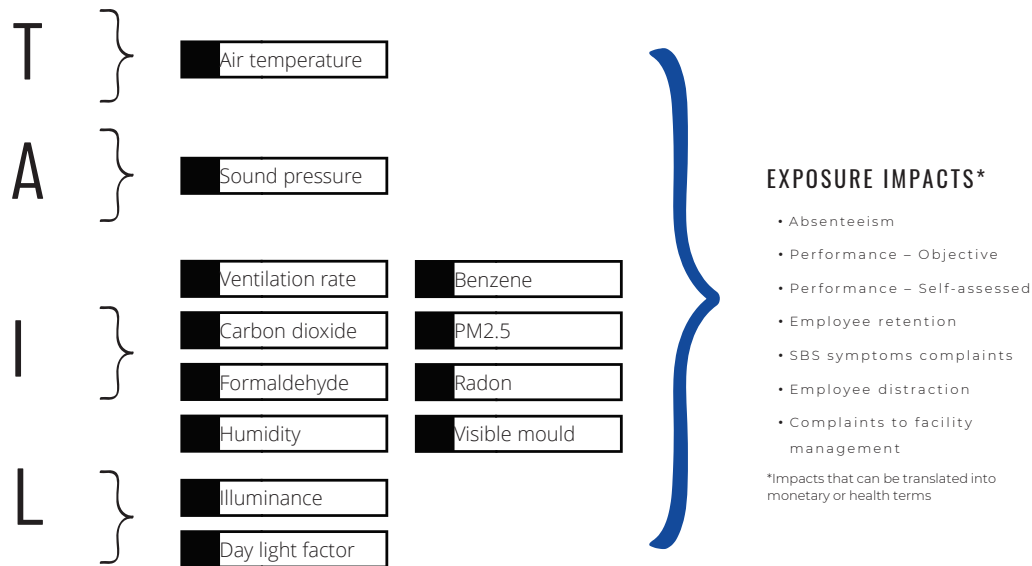
Source: Wei et al. (2021)

## Subjective TAIL (OccupanTAIL)

T	Neutral	Slightly cool Slightly warm	Cool Warm	Cold Hot
A	Quiet Very quiet	Neither noisy not quiet	Noisy	Very noisy
I	Slight odor No odor	Moderate odor	Strong odor	Very strong odor Overpowering odor
L	Neither bright nor dark	Bright	Dim	Very bright Dark



# Monetizing TAIL via Harm Quantification, an example



## Achieving green IAQ (I) class in TAIL...

	BD-IAP (DALYs/100,000)	Economic loss (billion RMB)	Economic loss
2017	$3.70 \times 10^3$	$2.88 \times 10^3$	3.5% GDP
Chinese IAQ standard (GB/T 18883-2022)	$3.16 \times 10^3$	$2.49 \times 10^3$	3.0% GDP
WHO guideline	707	570	0.7% GDP



# EPILOGUE

1-2 April 2025, Workshop, Stuttgart, "Indoor Environmental Quality in Sustainable Buildings"

Wargocki, P. The TAIL rating schemes for offices and schools are the way to reduce carbon emissions and improve IEQ

## The success story



**2001**

**2008**

**2024**

## The success story



**2001**



**2008**

**2024**

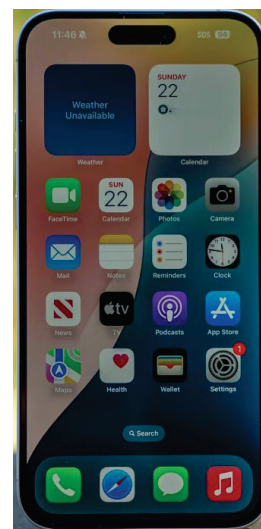
## The success story benchmark-fix bugs-add new features- advance features that work



**2001**



**2008**



**2024**



"New chemicals and other contaminants appear in buildings almost daily. Many in the indoor air community fear that some of these may be significant health hazards either singly or in combination. Undoubtedly, some will.

But rather than speculate on that  
...(...) it makes more sense to work with the  
information we have on contaminants that have  
demonstrated harm to the population (...).

*Courtesy: La Linea*

Please connect with [pawar@dtu.dk](mailto:pawar@dtu.dk) for questions and comments

# Thank you



## READING

1-2 April 2025, Workshop, Stuttgart, "Indoor Environmental Quality in Sustainable Buildings"

Wargocki, P. The TAIL rating schemes for offices and schools are the way to reduce carbon emissions and improve IEQ



**TAIL, a new scheme for rating indoor environmental quality in offices and hotels undergoing deep energy renovation (EU ALDREN project)**

Pawel Wargocki<sup>a,\*</sup>, Wenjuan Wei<sup>b,c</sup>, Jana Bendžalová<sup>d</sup>, Carlos Espigares-Correa<sup>e</sup>, Christophe Gerard<sup>f</sup>, Olivier Greslou<sup>g</sup>, Mathieu Rivallain<sup>h</sup>, Marta Maria Sesana<sup>i</sup>, Jarne W. Olesen<sup>j</sup>, Johann Zinggli<sup>k</sup>, Corinne Mandin<sup>l</sup>

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<sup>c</sup>Politecnico di Milano, Italy  
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## ABSTRACT

To avoid health risks and discomfort, the European Energy Performance for Buildings Directive (EPBD) mandates that "Member States should support energy performance upgrades of existing buildings that contribute to achieving a healthy indoor environment". There is, however, no widely accepted method for rating the overall level of indoor environmental quality (IEQ), although several different approaches are proposed by standards, guidelines, and certification schemes. To fill this void, a new classification rating scheme called TAIL was developed to rate IEQ in offices and hotels undergoing deep energy renovation during their normal use. The scheme is a part of the energy certification method developed by the EU ALDREN project. The TAIL scheme standardizes rating of the quality of the thermal (T), acoustical (A), and indoor air quality (IAQ) environment, and by using these ratings, it provides a rating of the overall level of IEQ. Twelve parameters are rated by measurements, modelling, and observation to provide the input to the overall rating of IEQ. These quality levels are determined primarily using Standard EN 15251-1 and World Health Organization (WHO) air quality guidelines and are expressed by colour and human networks to improve communication. The TAIL rating was shown to indicate IEQ levels when a building was renovated in three buildings across Europe to provide support for its applicability and input for further modifications. Opportunities for using the scheme in other types of buildings and for its further development and application are discussed.

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## 1. Introduction

Several policies and actions have been put forward by the European Union (EU) to mitigate and reduce the impact of climate change. One such action is the modernization and renovation of the European building stock, which is responsible for 40% of energy use and 33% of carbon dioxide (CO<sub>2</sub>) emissions [1]. The European Commission created instruments to initiate changes in how buildings are constructed, operated, and maintained to achieve significant reductions in energy use. The framework was established by the Energy Performance of Buildings Directive (EPBD), which was launched in 2002 [1], re-cast in 2010 [14], and amended in

2018 [10]. The main purpose of this Directive is to promote improvements in the energy performance of buildings. This applies both to new construction and existing buildings, of which 25% are commercial buildings, 75% are considered to be residential, and about 35% are at least 50 years old.

Despite these high ambitions and good intentions, the implementation of EPBD failed somewhat concerning renovation of the existing building stock. Renovation rates that followed EPBD recommendations have not exceeded 15% [2], although it is estimated that renovation accounts for 57% of all construction activity, and many renovations do not reach the full amount of energy savings that could be achieved [4]. Renovation rates following EPBD recommendations should reach at least 30% to guarantee that minimum energy reduction goals will be met [4]. One reason for this short fall could be that renovations, even those leading to reductions in energy

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**PredicTAIL, a prediction method for indoor environmental quality in buildings undergoing deep energy renovation based on the TAIL rating scheme**

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## ABSTRACT

The recently developed TAIL rating scheme enables assessment of the changes in the indoor environmental quality (IEQ) associated with a building's deep energy renovation (DER) and classification of the resulting quality levels of the thermal (T), acoustic (A), and luminous (visual) (V) environments and indoor air quality (IAQ). Since the TAIL rating is primarily based on measurements, it cannot be developed prior to renovation operations to help design the IEQ. To fill this gap, the PredicTAIL method was developed in the present study to predict the changes in the TAIL parameters as a result of DER. These parameters are indoor air temperature, relative humidity, sound pressure level, daylight factor, illuminance, and concentrations of carbon dioxide, formaldehyde, benzene, toluene, and PM<sub>2.5</sub>. To predict the changes in the TAIL parameters, a prediction model was developed. To ensure the reliability of the PredicTAIL method and the sensitivity of the existing models for quantifying changes in the TAIL parameters corresponding to different renovation strategies, simulations were performed in a hotel and an office building using TRNSYS, IDA ICE, ACCURATE, MATPLO-QAL and PHOENIX. These modelling results were first benchmarked against the TAIL parameters measured in the buildings before renovation. Once the agreement between measurements and modelling was considered acceptable, four pragmatic renovation scenarios were applied, and their impact on the IEQ parameters was quantitatively modeled. The simulations showed that the quality levels of the IEQ parameters were improved or unchanged for some parameters but degraded for other parameters after DER. The changes in the IEQ parameters and the TAIL rating depend on the renovation scenario, suggesting that the PredicTAIL method is sufficiently sensitive to guide renovation designs.

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## 1. Introduction

The European Union (EU) put forward a series of directives aimed at developing a sustainable, competitive, secure, and decarbonized energy system, providing objectives for reducing energy consumption by 20% by 2020 and at least 40% by 2030 compared with that in 1990 [1–4]. Given that almost 50% of the EU's final energy consumption is used for heating and cooling, 80% of which

is used in buildings [1], performing deep energy renovation (DER) to improve buildings' energy efficiency is a promising way to achieve the EU's energy and climate goals. However, improved insulation may impose risks of higher indoor air humidity, higher indoor pollutant concentrations and overcooling, and installing a heating, ventilation and air conditioning (HVAC) system may compromise the indoor acoustic environment [5]. To account for the influence of DER on the indoor environmental quality (IEQ), the latest amendment of the EU Directive on the energy performance of buildings states that "The energy needs for space heating, space cooling, domestic hot water, ventilation, lighting, and other technical building systems shall be calculated in order to optimize health,

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Wargocki, P. The TAIL rating schemes for offices and schools are the way to reduce carbon emissions and improve IEQ





## Review of parameters used to assess the quality of the indoor environment in Green Building certification schemes for offices and hotels

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### ABSTRACT

European Green Building (GB) certification schemes were reviewed to examine the parameters they used to assess indoor environmental quality (IEQ). Many different parameters were identified. They were classified into four major IEQ components defining the thermal, acoustic and visual environments, and indoor air quality (IAQ). For the thermal environments, the most commonly used parameters were PMV, PPD, room operative temperature, room air temperature, room air relative humidity, and air speed. For the acoustic environments, the most commonly used parameters were ambient noise and notification time. For the visual environments, the most commonly used parameters were illuminance level, daylight factor, and spatial daylight autonomy. For IAQ, the most commonly used parameters were ventilation rate (outdoor air supply rate), TVOC, formaldehyde, CO<sub>2</sub>, CO, PM<sub>2.5</sub>, PM<sub>10</sub>, ozone, benzene, and radon. Criteria are used to rank the importance of different parameters for the overall level of IEQ in the reviewed schemes. Using these criteria and the figures published in peer-reviewed papers, it was found out that the average contribution of the thermal, acoustic, business environment and air quality parameters to the overall IEQ rating of a building was respectively 27%, 17%, 23%, and 34%. The present work can be regarded as a reference for selecting parameters that are commonly used in these schemes.

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### 1. Introduction

The deep energy renovations of existing buildings in Europe will have to be carried out at a much higher rate to decarbonize European building stock in time to achieve the ambitious goals for significant reductions in energy use that have now been set by the European Commission. To this end, the European Commission launched many projects that would provide tools, methods and incentives for securing a higher rate of transformation of existing building stock into one with low energy use. One of these projects is the ALDEN project which was launched in November 2017. It brought together several partners from different European Union member states (<http://alden.eu>). ALDEN stands for "Alliance for Deep REnovation in buildings". The primary aim of this project was to extensively consolidate, promote, and implement

harmonized procedures to overcome market barriers and support deep building renovation operations.

One important task within the scope of the ALDEN project was to provide methods for determining whether deep energy renovation has any effects on the health and well-being of building occupants. One reason for this was to address one of the conditions set by EFMD (1), which requires that building IEQ should not be degraded in the process of energy renovation. Specifically, EFMD stipulates that "Member States should support energy performance upgrades of existing buildings that contribute to achieving a healthy indoor environment" and that each long-term renovation strategy shall encompass "an evidence-based estimate of expected energy savings and wider benefits such as those related to health, safety and air quality". The ALDEN project therefore planned to develop a measurement protocol and a systematic method for rating IEQ that could also be used to estimate any non-energy benefits associated with improved IEQ that can add financial value. To meet these goals, the parameters that describe IEQ and their levels had to be defined to serve as a verification tool that could be used to

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