



Indoor Climate in the Spotlight: Between Health Protection and Energy Efficiency

Indoor Environmental Quality in Sustainable Buildings
Workshop, Stuttgart, 01. April 2025

Lukas Siebler



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Research Areas in Indoor Climate Technology

What defines good ventilation?



Models of
Infectious
Disease
Spread

Statistical
Models

Beneficial to health



Ventilation
Effectiveness

Energy efficient



Efficient
Heat
Recovery

...

...

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Focus on Health

Experimental Determination of Infection Risks

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Publication

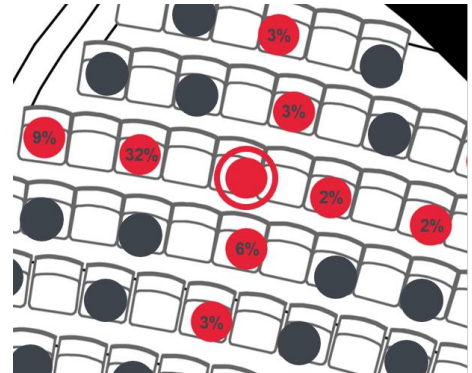


IJERPH 2022

Models of
Infectious
Disease
Spread



Fog Experiments in the Stuttgart State Opera



Seat related infection risks based on trace gas measurement

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Focus on Health

Statistical Determination of Infection Risks

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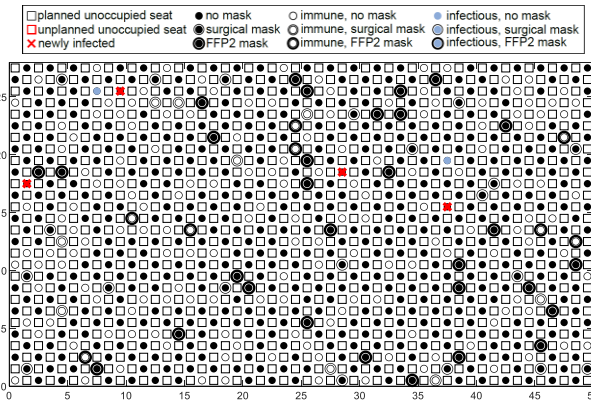


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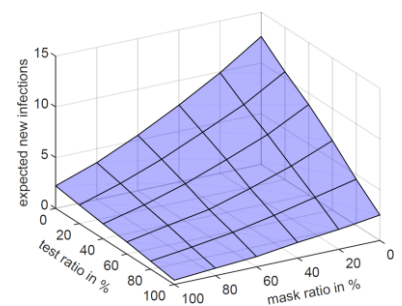


BMC Public Health 2023

Statistical
Models



Agent based Monte Carlo simulation of the Stuttgart State Opera



Results for non-pharmaceutical interventions (NPI)

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Energy efficient



Ventilation Effectiveness

Efficient Heat Recovery

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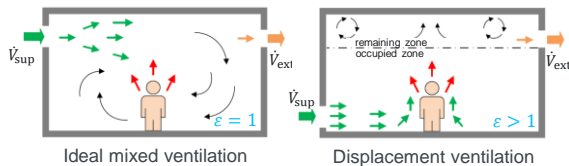
Focus on Energy Efficiency

Ventilation Effectiveness



Ventilation Effectiveness
(assuming no substances in supply air)

$$\varepsilon = \frac{C_{\text{ext}}}{C_{\text{oz}}}$$

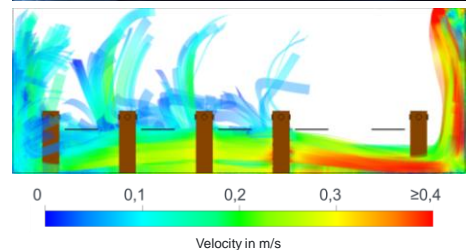


Motivation: $\dot{V}_{\text{out}} = \frac{\dot{V}_{\text{out stand}}}{\varepsilon}$

Ventilation Effectiveness

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Cold fog experiment and simulation results

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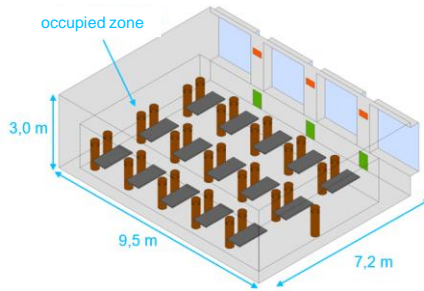
Focus on Energy Efficiency

Ventilation Effectiveness

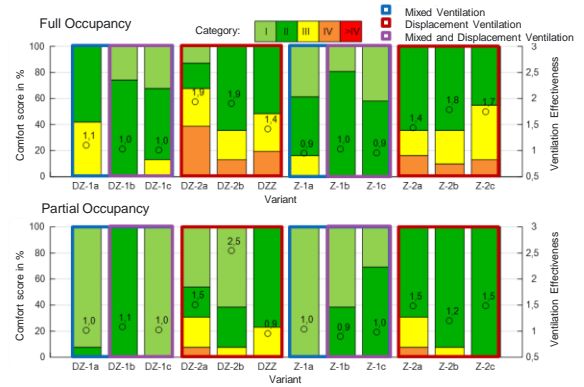
Flow simulation of a reference classroom (ventilation effectiveness & thermal comfort)

- 12 Air Flow Concepts
- Full/Partial Occupancy
- Table rows, table groups
- Winter and summer case

Ventilation Effectiveness



Reference classroom layout



Simulation results: Winter case, table rows, supply air temperature 16°C

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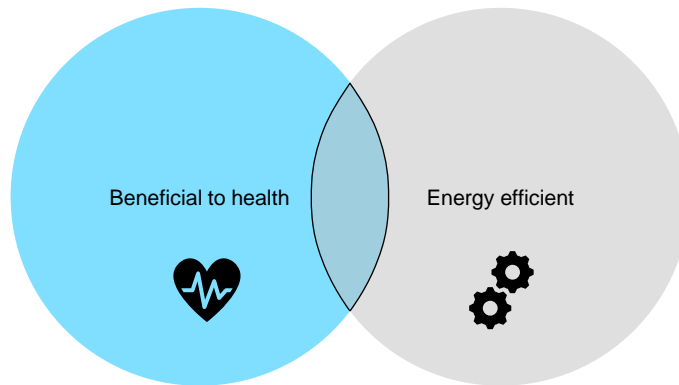


Energy efficient



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Health vs. Energy

An Optimization Study in an Office

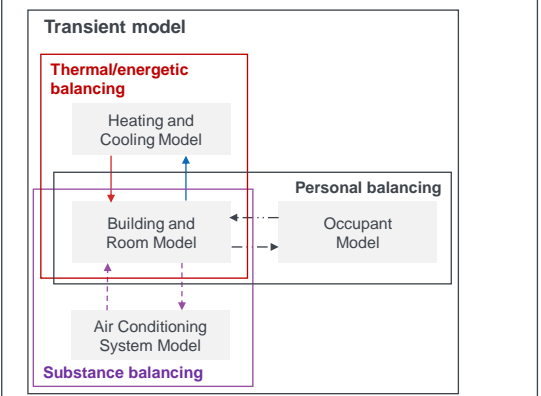


- **Task:**
 - Ventilation strategies with an economic optimum
 - Work incapacity costs (infections at the office)
 - Energy costs (ventilation, heating, cooling, ...)
- **Conditions:**
 - Simulation period: 2022
 - Stuff: 41 persons
 - Epidemiological data: SARS-CoV-2 (Omikron)



Approach:

Monte Carlo simulation



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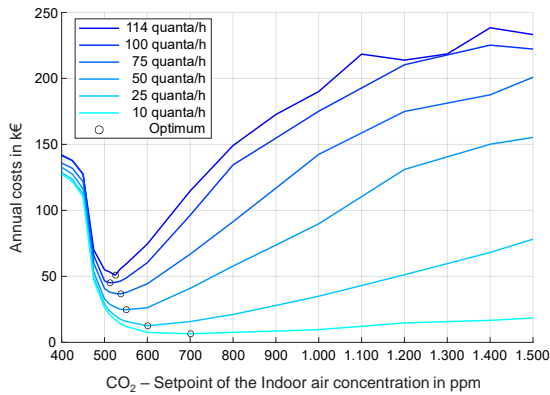
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Health vs. Energy Results and Outlook

Economical comparison of different ventilation strategies



Outlook:

- Challenging the Pettenkofer-Number
- Holistic simulation model of social life
- Modelling Scale-up

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